



It's Time to **#CutTheBull**



Hôpitaux Shriners
pour enfants®
Shriners Hospitals
for Children®
Canada

Our #CutTheBull Campaign

Seventy-five percent of Canadians have been affected by bullying (Prevnet). Those numbers can be two to three times higher for kids with visible scars or disabilities, according to the U.S. National Center for Education.

Many Shriners Hospitals for Children® patients have visible scars or disabilities, making bullying

an unfortunately common problem among the children and teens we see. That is why we've joined the fight to stop bullying with our #CutTheBull campaign.

We've invited patients who have faced bullying to tell their stories in the hopes that they will inspire others to #CutTheBull and #SeeTheAbility.

Join us and **#CutTheBull** too! **CutTheBull.org**

Our FREE #CutTheBull Presentation

Our FREE #CutTheBull presentation brings one of our patient ambassadors like Jeffrey, Saoud or Nia to your school/organization to share their life story and their bullying experience. All three have overcome many challenges in life and through their stories, prove that determination and a positive attitude go a long way towards reaching goals. They also talk about how it feels to be bullied and what they did to make it stop. Following their presentation, a hospital or Shriner representative talks about:

- Bullying vs. being rude or mean
- What to do if you see someone being bullied
- What to do if you're being bullied, or your child is being bullied
- What to do if you or your child is the bully
- Cyber-bullying
- How you can make a difference in stopping bullying

Bullying: Resources

Bullying can take on many different forms and parents play an important role in preventing and stopping bullying. Children can rotate between any of three characters: the one being bullied, the one bullying and the one watching it all happen. Regardless of what role your child plays, if any, bullying has long-term negative consequences and must be challenged.

For more information about bullying, we invite you to view the following well-respected websites:

Cutthebull.org
prevnet.ca/bullying/parents
kidshelpphone.ca

Students! If you need to talk about bullying, Kids Help Phone has a help line open 24/7:
1-800-668-6868

**Want to book a presentation
or get involved?**

Email us at moncommunications@shrinenet.org

**Want to raise money to help us
spread the word about #CutTheBull?**

shrinershospitalsforchildren.org/Canada

Shriners Hospitals for Children – Canada

Shriners Hospitals for Children – Canada is a bilingual national hospital based in Montreal. We treat children with complex orthopaedic and neuromuscular conditions from across Canada, the United States and around the world. We are internationally renowned for our groundbreaking research and innovative treatments to care for such conditions as osteogenesis imperfecta (brittle bone disease), spinal and limb anomalies, as well as cerebral palsy, among several others. Canada Shriners Hospital is part of the international Shriners Hospital system with locations across the U.S. and in Mexico.

Established in Montreal in 1925, we moved into a new state-of-the-art hospital at the Glen site in 2015. With high tech equipment, a beautiful design and a surface area nearly three times the size of our old hospital, the new hospital enables us to provide unparalleled service to our young patients and their families. The new building is adjacent to The Montreal Children's Hospital of the McGill University Health Centre.



Need a Consultation at our Hospital?

Our hospital offers pediatric orthopaedic and neuromuscular care. Therefore, we can only accept requests for medical consultations related to our field of expertise, for children under 18 years of age. Acceptance is based on a child's medical needs, when there is a reasonable possibility he/she can benefit from the specialized services available.

If your child has a condition treated by Shriners Hospitals for Children – Canada, please visit: shrinershospitalsforchildren.org/Canada


Canada Shriners Hospital also follows patients via outreach clinics in Bathurst (New Brunswick), Gander (Newfoundland and Labrador), Gatineau (Quebec), via a satellite clinic in Winnipeg (Manitoba), via telehealth, and is actively developing new partnerships to give more children access to care in their local communities.



Follow Us!

To learn more about the hospital and our exciting events, follow us on social media or check us out on the web!

shrinershospitalsforchildren.org/Canada

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